

# Northern California Women's Herbal Symposium

P.O. Box 598 Graton, CA 95444 707-824-1429  
www.womensherbalsymposium.org NCWHS@monitor.net

Dear Work Exchange Applicant,

Thank-you for your interest in our Work Exchange program. This is a fun and important program for NCWHS. It provides financial assistance to women with low-income and it provides a fun and enthusiastic work force for NCWHS. The many tasks accomplished by Work Exchangers ensure the smooth running of the Symposium. We greatly appreciate and depend heavily on each worker.

The questions in this form help us to place you in an appropriate position. Jobs differ in time and skill required. Please answer all the questions honestly and accurately, since they help us to place you appropriately.

We will contact you by email (please *whitelist* us so our email correspondence doesn't end up in your spam mail), or by regular mail sometime during the months of

**April or May for Sessions 1 and 2**

**July or August for Session 3**

## Here's Some Important Information:

- Work Exchangers work a minimum of 12 hours through-out the session and this reduces their registration fee to \$110. Work times depend on the particular position assigned.
- All Work Exchangers are required to attend a meeting on the Friday the Symposium opens, to be familiarized with the tasks of the job assigned. You must attend this meeting, unless prior arrangements are made. Specific details will be sent to you when you have been placed in a position.
- Job positions are assigned in order of application postmark date.

Thank-you for your interest in Work Exchange.

We look forward to getting to know you.

Green Blessings,  
Terri and Karen, NCWHS



Angelica sinensis

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## Application for Work Exchange • 2010

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Check:     Session 1: May 21-24     Session 2: May 28-31  
             Session 3: September 3-6

1. Are you a good worker and are you easy and fun to work with?

2. Are you self-motivated *and* able to follow instructions well?

3. Are you dependable and on time?

4. Do you have a strong back & arms?

5. Do you have any physical restrictions? Please describe.

6. Do you have child/ren attending the Symposium with you? \_\_\_\_\_

How many? \_\_\_\_\_ Ages \_\_\_\_\_

Where will your child/ren be while you are doing your Work Exchange?

7. Have you attended the Symposium before? \_\_\_\_\_

If yes, did you do Work Exchange? \_\_\_\_\_ which position? \_\_\_\_\_

over ⇨

8. There are over sixty Work Exchange positions per session, in the following categories. Please rate at least three in order of your preference.

- \_\_\_\_\_ bodyworker (work through-out session - list your experience below)
- \_\_\_\_\_ childcare (work during 1/2 of the class times)
- \_\_\_\_\_ dish station prep (mealtimes - prep area for women to wash personal dishes- lifting required)
- \_\_\_\_\_ food shuttle (work during mealtimes - lifting required)
- \_\_\_\_\_ gear shuttle (work Friday & Monday - lifting required)
- \_\_\_\_\_ kitchen prep (work 3, 4-hour shifts through-out the session)
- \_\_\_\_\_ kitchen prep - first shift 9 am-1 p.m. Friday (work 1st shift Fri a.m. + 2 other, 4-hour shifts)
- \_\_\_\_\_ kitchen prep on Thursday (work day before session opens - 12 hour day)
- \_\_\_\_\_ parking (work long day on Friday in the open sun - good people skills)
- \_\_\_\_\_ privy cleaning (work during break and off times)
- \_\_\_\_\_ recycle/garbage hauling on Tuesday - 1/2 position (need open bed truck & live locally)
- \_\_\_\_\_ registration table (work Friday and part of Saturday - must have past NCWHS attendance)

9. Anything else you can think of to let us get to know you better?

Return the following:

- this completed application
- \$110.00 registration fee
- work exchange registration form
- regular long self-addressed stamped envelope, only if you would like conformation sent through the regular mail

If you do not do work exchange your fee will be returned to you, or applied to a regular registration fee, per your request.

For any cancelations, see our cancelation policy on our website.

# 2010 Work Exchange Registration

Send this form, check or money order, and, if needed (see below) a long self-addressed stamped envelope to: NCWHS, P.O. Box 598, Graton, CA 95444

Name \_\_\_\_\_ Phone w/ area code \_\_\_\_\_  
Last First

Address \_\_\_\_\_ Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mark :  Session 1: May 21-24 \$110     Session 2: May 28-31 \$110     Session 3: September 3-6 \$110

Young Woman, age 12-20 Special rate, \$125-150, *if needed*

Child registration, age 11 and under. \$30-\$60 per child, free if needed All children must be registered.

Child's/Young Woman's name \_\_\_\_\_ Age \_\_\_\_\_ Child's/Young Woman's name \_\_\_\_\_ Age \_\_\_\_\_

If my child is placed on a waiting list I want to:  remain on wait list     attend without child     cancel & have fee return  
 attend with child on alternate Session: Circle: Session 1 2 3

I prefer confirmation sent to me by  email **or**  regular mail (I've included a long self-addressed stamped envelope for this)

Proceedings Book prepurchase \$20 each (\$25 at Symposium) Circle: Session 1 2 3 Total quantity ordered \_\_\_\_\_

Marketplace vendor. Registered participant's handmade items only. Describe items to sell/barter \_\_\_\_\_  
(if you offer edible items at Marketplace, please note that no edible items made with processed white or brown sugar will be permitted)

Marketplace donation: Amount enclosed (donation basis) \$ \_\_\_\_\_ Thank-you, your generosity helps NCWHS

Scholarship donation \$ \_\_\_\_\_ &/or raffle item donation:

Special Diet:  Vegan     Gluten-free

yes     no OK to give out my contact information to a woman in my area if requested for carpooling

Do not include my name on the roster. (NCWHS not responsible for materials sent to the roster)

## Amount Enclosed

Registration:  
adult \$ \_\_\_\_\_  
child/young woman \$ \_\_\_\_\_  
Proceedings \$ \_\_\_\_\_  
Marketplace \$ \_\_\_\_\_  
Scholarship \$ \_\_\_\_\_  
Total \$ \_\_\_\_\_